

Programmanr. 7 Meisjes, 400m met vinnen Meisjes Categorie E
16-5-2009 Women, Surface 400m Resultaten

NR Vinzwemmen 5:28.11 Naomi KERVEL PNTS Utrecht 21-3-2004

Punten: FINA 2004

Rang			Geb.						Tijd	Pnt
1.	Simone BEHR		00	DJK - VfR Mülheim Saarn				6:52.74		
	50m:	41.20 41.20	150m:	2:25.47 53.82	250m:	4:14.85 54.41	350m:	6:01.51 50.56		
	100m:	1:31.65 50.45	200m:	3:20.44 54.97	300m:	5:10.95 56.10	400m:	6:52.74 51.23		

Programmanr. 7 Meisjes, 400m met vinnen Meisjes Categorie D
16-5-2009 Women, Surface 400m Resultaten

NR Vinzwemmen 4:22.12 Jose van BOXMEER NAUV Wijchen 12-11-1995

Punten: FINA 2004

Rang			Geb.						Tijd	Pnt
1.	Femba NEEHUS		96	Uzsc				4:44.18		
	50m:	28.32 28.32	150m:	1:38.34 36.33	250m:	2:54.12 38.34	350m:	4:09.31 37.38		
	100m:	1:02.01 33.69	200m:	2:15.78 37.44	300m:	3:31.93 37.81	400m:	4:44.18 34.87		
2.	Romy UIJEN		96	OWT Pontos				5:26.92		
	50m:	34.64 34.64	150m:	1:59.06 42.11	250m:	3:23.47 41.93	350m:	4:48.11 41.42		
	100m:	1:16.95 42.31	200m:	2:41.54 42.48	300m:	4:06.69 43.22	400m:	5:26.92 38.81		
3.	Cassey GLEBBEEK		96	Oceanus				5:48.24		
	50m:	34.59 34.59	150m:	2:01.53 44.33	250m:	3:34.68 46.44	350m:	5:06.34 45.10		
	100m:	1:17.20 42.61	200m:	2:48.24 46.71	300m:	4:21.24 46.56	400m:	5:48.24 41.90		

Programmanr. 7 Meisjes, 400m met vinnen Meisjes Categorie C
16-5-2009 Women, Surface 400m Resultaten

NR Vinzwemmen 3:51.49 Rosalina BUIS PNTS Utrecht 21-12-1997

Punten: FINA 2004

Rang			Geb.						Tijd	Pnt
1.	Dana AMMANN		95	DJK - VfR Mülheim Saarn				4:07.06		
	50m:	27.69 27.69	150m:	1:30.36 31.78	250m:	2:35.74 33.07	350m:	3:40.45 31.40		
	100m:	58.58 30.89	200m:	2:02.67 32.31	300m:	3:09.05 33.31	400m:	4:07.06 26.61		
2.	Fina TREBBIN		94	TC fez Berlin				4:13.50		
	50m:	27.36 27.36	150m:	1:29.94 32.25	250m:	2:35.94 33.27	350m:	3:42.90 33.29		
	100m:	57.69 30.33	200m:	2:02.67 32.73	300m:	3:09.61 33.67	400m:	4:13.50 30.60		
3.	Jacqueline WIEDERHOLD		95	DJK - VfR Mülheim Saarn				4:20.34		
	50m:	29.47 29.47	150m:	1:34.47 33.11	250m:	2:41.15 33.43	350m:	3:49.52 33.32		
	100m:	1:01.36 31.89	200m:	2:07.72 33.25	300m:	3:16.20 35.05	400m:	4:20.34 30.82		
4.	Robin GROSZ		94	MonoVinz				4:27.01		
	50m:	29.37 29.37	150m:	1:34.91 33.90	250m:	2:45.93 36.02	350m:	3:55.47 34.63		
	100m:	1:01.01 31.64	200m:	2:09.91 35.00	300m:	3:20.84 34.91	400m:	4:27.01 31.54		
5.	Nadine GROSZ		95	MonoVinz				4:27.33		
	50m:	29.27 29.27	150m:	1:37.34 34.97	250m:	2:47.49 35.21	350m:	3:55.98 33.76		
	100m:	1:02.37 33.10	200m:	2:12.28 34.94	300m:	3:22.22 34.73	400m:	4:27.33 31.35		
6.	Joyce PEETERS		95	OWT Pontos				4:28.31		
	50m:	28.85 28.85	150m:	1:35.18 34.19	250m:	2:45.52 35.15	350m:	3:56.92 35.72		
	100m:	1:00.99 32.14	200m:	2:10.37 35.19	300m:	3:21.20 35.68	400m:	4:28.31 31.39		
7.	Lisanne TAX		94	OWT Pontos				4:54.39		
	50m:	29.68 29.68	150m:	1:39.06 36.07	250m:	2:57.26 39.70	350m:	4:17.43 38.98		
	100m:	1:02.99 33.31	200m:	2:17.56 38.50	300m:	3:38.45 41.19	400m:	4:54.39 36.96		
8.	Nienke ARTS		94	OWT Pontos				5:01.32		
	50m:	30.56 30.56	150m:	1:42.08 36.59	250m:	3:03.25 40.96	350m:	4:25.24 41.76		
	100m:	1:05.49 34.93	200m:	2:22.29 40.21	300m:	3:43.48 40.23	400m:	5:01.32 36.08		



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Eindhoven, 16. - 17.5.2009

Programmanr. 7, Meisjes, 400m met vinnen, Meisjes Categorie C

Rang					Geb.					Tijd	Pnt	
9.	Daphne MEIJER				95	Oceanus				5:02.75		
	50m:	32.54	32.54	150m:	1:47.79	39.07	250m:	3:09.19	40.76	350m:	4:28.27	39.20
	100m:	1:08.72	36.18	200m:	2:28.43	40.64	300m:	3:49.07	39.88	400m:	5:02.75	34.48
10.	Miriam BEHR				95	DJK - VfR Mülheim Saarn				5:02.94		
	50m:	32.00	32.00	150m:	1:47.27	39.18	250m:	3:08.93	41.00	350m:	4:28.18	39.22
	100m:	1:08.09	36.09	200m:	2:27.93	40.66	300m:	3:48.96	40.03	400m:	5:02.94	34.76
11.	Tamara van ORSOUW				95	OWT Pontos				5:04.13		
	50m:	31.58	31.58	150m:	1:44.14	38.07	250m:	3:00.91	39.31	350m:		
	100m:	1:06.07	34.49	200m:	2:21.60	37.46	300m:	3:39.78	38.87	400m:	5:04.13	

Programmanr. 7
16-5-2009 Dames, 400m met vinnen
Women, Surface 400m Meisjes Categorie B
ResultatenNR Vinzwemmen 3:45.75 Nicole de GROOT PNTS St Petersburg (RUS) 23-7-2000
Punten: FINA 2004

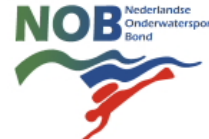
Rang					Geb.					Tijd	Pnt	
1.	Nynke NEEHUS				93	Uzsc				4:00.46		
	50m:	24.83	24.83	150m:	1:24.20	30.67	250m:	2:27.25	31.79	350m:	3:30.81	31.42
	100m:	53.53	28.70	200m:	1:55.46	31.26	300m:	2:59.39	32.14	400m:	4:00.46	29.65
2.	Josca BLANKEVOORT				93	Uzsc				4:02.14		
	50m:	25.34	25.34	150m:	1:25.31	30.74	250m:	2:28.82	32.11	350m:	3:32.27	31.45
	100m:	54.57	29.23	200m:	1:56.71	31.40	300m:	3:00.82	32.00	400m:	4:02.14	29.87
3.	Kiki HENDRIKS				93	OWT Pontos				4:23.97		
	50m:	25.99	25.99	150m:	1:29.70	33.26	250m:	2:40.14	35.60	350m:	3:52.50	35.48
	100m:	56.44	30.45	200m:	2:04.54	34.84	300m:	3:17.02	36.88	400m:	4:23.97	31.47
4.	Liesa KLAAN				93	TC fez Berlin				4:32.15		
	50m:	27.62	27.62	150m:	1:33.85	34.66	250m:	2:45.50	36.21	350m:	3:57.83	36.09
	100m:	59.19	31.57	200m:	2:09.29	35.44	300m:	3:21.74	36.24	400m:	4:32.15	34.32
5.	Naomi KERVEL				93	OWT Pontos				4:56.95		
	50m:	29.97	29.97	150m:	1:42.68	37.58	250m:	2:59.69	37.06	350m:	4:19.97	40.30
	100m:	1:05.10	35.13	200m:	2:22.63	39.95	300m:	3:39.67	39.98	400m:	4:56.95	36.98

Programmanr. 7
16-5-2009 Dames, 400m met vinnen
Women, Surface 400m Dames Categorie A
ResultatenNR Vinzwemmen 3:44.13 Angela KOEKOEK UZSC Eindhoven 12-6-1999
Punten: FINA 2004

Rang					Geb.					Tijd	Pnt	
1.	Franziska SCHREIBER				88	TC Babelsberg				3:29.30		
	50m:	24.26	24.26	150m:	1:16.95	26.90	250m:	2:11.08	27.14	350m:	3:04.37	26.43
	100m:	50.05	25.79	200m:	1:43.94	26.99	300m:	2:37.94	26.86	400m:	3:29.30	24.93
2.	Christine MÜLLER				78	Berliner TSC				3:40.04		
	50m:	27.44	27.44	150m:	1:23.10	28.59	250m:	2:17.59	27.09	350m:	3:12.71	27.61
	100m:	54.51	27.07	200m:	1:50.50	27.40	300m:	2:45.10	27.51	400m:	3:40.04	27.33
3.	Carolin HAASE				90	TC fez Berlin				3:52.00		
	50m:	25.22	25.22	150m:	1:22.56	29.25	250m:	2:22.22	29.72	350m:	3:22.71	30.22
	100m:	53.31	28.09	200m:	1:52.50	29.94	300m:	2:52.49	30.27	400m:	3:52.00	29.29
4.	Wilhemine MATTHIES				90	TC fez Berlin				3:56.01		
	50m:	26.32	26.32	150m:	1:25.63	29.75	250m:	2:26.90	30.48	350m:	3:27.73	30.27
	100m:	55.88	29.56	200m:	1:56.42	30.79	300m:	2:57.46	30.56	400m:	3:56.01	28.28
5.	Anouk KUIN				91	Uzsc				3:56.61		
	50m:	24.85	24.85	150m:	1:22.25	29.32	250m:	2:22.75	30.84	350m:	3:26.48	31.86
	100m:	52.93	28.08	200m:	1:51.91	29.66	300m:	2:54.62	31.87	400m:	3:56.61	30.13
6.	Diana SCHNEIDER				87	Tauchclub NEMO Plauen e.V.				3:59.07		
	50m:	24.00	24.00	150m:	1:23.48	30.50	250m:	2:26.29	31.56	350m:	3:29.55	31.23
	100m:	52.98	28.98	200m:	1:54.73	31.25	300m:	2:58.32	32.03	400m:	3:59.07	29.52



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Eindhoven, 16. - 17.5.2009

Programmanr. 7, Dames, 400m met vinnen, Dames Categorie A

Rang					Geb.					Tijd	Pnt	
7.	Pryja PETERS				89	Uzsc				3:59.18		
	50m:	26.71	26.71	150m:	1:27.00	31.05	250m:	2:29.70	31.28	350m:	3:31.04	29.92
	100m:	55.95	29.24	200m:	1:58.42	31.42	300m:	3:01.12	31.42	400m:	3:59.18	28.14
8.	Clelia SCHLÄPFER				90	Swiss Team				3:59.32		
	50m:	26.11	26.11	150m:	1:25.10	30.47	250m:	2:26.68	30.74	350m:	3:29.41	31.73
	100m:	54.63	28.52	200m:	1:55.94	30.84	300m:	2:57.68	31.00	400m:	3:59.32	29.91
9.	Mila BOM				90	Piranha				4:01.65		
	50m:	26.63	26.63	150m:	1:27.68	31.67	250m:	2:30.63	31.27	350m:	3:33.43	31.60
	100m:	56.01	29.38	200m:	1:59.36	31.68	300m:	3:01.83	31.20	400m:	4:01.65	28.22
10.	Sharona GELEYNS				88	Nautilus				4:07.89		
	50m:	26.87	26.87	150m:	1:29.39	32.06	250m:	2:33.52	32.38	350m:	3:37.79	32.31
	100m:	57.33	30.46	200m:	2:01.14	31.75	300m:	3:05.48	31.96	400m:	4:07.89	30.10
11.	Debbie SPOOR				91	OWT Pontos				4:21.66		
	50m:	27.30	27.30	150m:	1:33.28	34.54	250m:	2:46.08	35.96	350m:	3:52.50	31.60
	100m:	58.74	31.44	200m:	2:10.12	36.84	300m:	3:20.90	34.82	400m:	4:21.66	29.16
12.	Marian STRIK				86	OWT Pontos				4:26.63		
	50m:	28.79	28.79	150m:	1:36.17	34.61	250m:	2:45.57	34.61	350m:	3:54.73	34.48
	100m:	1:01.56	32.77	200m:	2:10.96	34.79	300m:	3:20.25	34.68	400m:	4:26.63	31.90
13.	Sabine STEENKEN				84	DJK - VfR Mülheim Saarn				5:09.95		
	50m:	31.20	31.20	150m:	1:47.93	39.66	250m:	3:09.83		350m:	4:31.71	
	100m:	1:08.27	37.07	200m:			300m:			400m:	5:09.95	38.24
14.	Marloes VAN BEEST				91	Orka '97 / DOV Botlek				5:19.71		
	50m:	33.96	33.96	150m:	1:51.00	39.60	250m:	3:19.32	42.27	350m:	4:44.18	41.71
	100m:	1:11.40	37.44	200m:	2:37.05	46.05	300m:	4:02.47	43.15	400m:	5:19.71	35.53