

Programmanr. 8 Jongens, 400m met vinnen Jongens Categorie E
16-5-2009 Men, Surface 400m Resultaten

NR Vinzwemmen 5:14.63 Tijs BERENS PNTS Eindhoven 6-5-2000

Punten: FINA 2004

Rang			Geb.						Tijd	Pnt
1.	Liam GLEBBEEK		98 Oceanus						6:56.33	
	50m:	46.98 46.98	150m:	2:43.11 1:00.32	250m:	4:25.02 48.16	350m:	6:10.99 53.24		
	100m:	1:42.79 55.81	200m:	3:36.86 53.75	300m:	5:17.75 52.73	400m:	6:56.33 45.34		
2.	Mike WIJSHAKE		00 OWT Pontos						7:02.65	
	50m:	48.64 48.64	150m:	2:34.13 52.31	250m:	4:26.86 57.78	350m:	6:17.41 56.85		
	100m:	1:41.82 53.18	200m:	3:29.08 54.95	300m:	5:20.56 53.70	400m:	7:02.65 45.24		

Programmanr. 8 Jongens, 400m met vinnen Jongens Categorie D
16-5-2009 Men, Surface 400m Resultaten

NR Vinzwemmen 4:17.30 Arjan PELLICAAN OCEA Wijchen 18-3-2001

Punten: FINA 2004

Rang			Geb.						Tijd	Pnt
1.	Elias MOHAMMEDI		96 TC fez Berlin						4:08.90	
	50m:	27.93 27.93	150m:	1:30.15 31.47	250m:	2:34.35 31.83	350m:	3:38.19 32.02		
	100m:	58.68 30.75	200m:	2:02.52 32.37	300m:	3:06.17 31.82	400m:	4:08.90 30.71		
2.	Dirk TISCHER		96 TC fez Berlin						4:34.51	
	50m:	28.79 28.79	150m:	1:37.98 35.65	250m:	2:49.17 35.11	350m:	4:00.93 35.36		
	100m:	1:02.33 33.54	200m:	2:14.06 36.08	300m:	3:25.57 36.40	400m:	4:34.51 33.58		

Programmanr. 8 Jongens, 400m met vinnen Jongens Categorie C
16-5-2009 Men, Surface 400m Resultaten

NR Vinzwemmen 3:46.59 Jeroen v/d VELDEN NAUV Heerhugowaard 26-11-1989

Punten: FINA 2004

Rang			Geb.						Tijd	Pnt
1.	Sven KUIN		95 Uzsc						4:00.44	
	50m:	24.78 24.78	150m:	1:23.58 30.45	250m:	2:26.76 32.06	350m:	3:31.34 32.69		
	100m:	53.13 28.35	200m:	1:54.70 31.12	300m:	2:58.65 31.89	400m:	4:00.44 29.10		
2.	Andrew TURNER		94 KJCA Kent						4:51.97	
	50m:	30.93 30.93	150m:	1:42.05 36.18	250m:	3:00.03 39.96	350m:	4:16.07 36.58		
	100m:	1:05.87 34.94	200m:	2:20.07 38.02	300m:	3:39.49 39.46	400m:	4:51.97 35.90		
3.	Michel VAN DE LANGERAAD		94 Oceanus						5:28.83	
	50m:	34.88 34.88	150m:	1:56.29 41.47	250m:	3:23.11 42.89	350m:	4:50.14 42.26		
	100m:	1:14.82 39.94	200m:	2:40.22 43.93	300m:	4:07.88 44.77	400m:	5:28.83 38.69		

Programmanr. 8 Jongens, 400m met vinnen Jongens Categorie B
16-5-2009 Men, Surface 400m Resultaten

NR Vinzwemmen 3:29.98 Marco van AGGELE UZSC Balatonfuzfo (HUN) 24-8-1997

Punten: FINA 2004

Rang			Geb.						Tijd	Pnt
1.	Jan MALKOWSKI		93 TC fez Berlin						3:26.45	
	50m:	22.77 22.77	150m:	1:14.27 25.68	250m:	2:08.01 26.97	350m:	3:01.61 26.61		
	100m:	48.59 25.82	200m:	1:41.04 26.77	300m:	2:35.00 26.99	400m:	3:26.45 24.84		
2.	Friso ZANDWIJK		93 Uzsc						3:50.28	
	50m:	23.60 23.60	150m:	1:19.87 29.31	250m:	2:20.64 31.29	350m:	3:22.17 30.78		
	100m:	50.56 26.96	200m:	1:49.35 29.48	300m:	2:51.39 30.75	400m:	3:50.28 28.11		

Programmanr. 8, Heren, 400m met vinnen

Programmanr. 8 Heren, 400m met vinnen Heren Categorie A
16-5-2009 Men, Surface 400m Resultaten

NR Vinzwemmen 3:16.50 Edwin KANTERS NAUV Moskou (RUS) 20-8-1993
Punten: FINA 2004

Rang			Geb.							Tijd	Pnt
1.	Sebastian PFAFFENBACH		88	Tauchclub Potsdam						3:15.75	
	50m:	21.58 21.58	150m:	1:10.27	25.09	250m:	2:01.29	25.33	350m:	2:52.47	25.09
	100m:	45.18 23.60	200m:	1:35.96	25.69	300m:	2:27.38	26.09	400m:	3:15.75	23.28
2.	Tom RAESE		87	TC Rostock						3:15.89	
	50m:	22.09 22.09	150m:	1:10.78	24.69	250m:	2:01.35	25.34	350m:	2:52.67	25.70
	100m:	46.09 24.00	200m:	1:36.01	25.23	300m:	2:26.97	25.62	400m:	3:15.89	23.22
3.	David PENNEWISS		91	TC fez Berlin						3:21.64	
	50m:	22.83 22.83	150m:	1:13.31	25.54	250m:	2:04.71	25.62	350m:	2:56.99	25.98
	100m:	47.77 24.94	200m:	1:39.09	25.78	300m:	2:31.01	26.30	400m:	3:21.64	24.65
4.	Olivier MILLEVILLE		86	Plongée Club Douai						3:51.45	
	50m:	26.30 26.30	150m:	1:25.35	29.86	250m:	2:25.63	30.21	350m:	3:25.01	29.01
	100m:	55.49 29.19	200m:	1:55.42	30.07	300m:	2:56.00	30.37	400m:	3:51.45	26.44
5.	Matthias BURRI		91	Swiss Team						3:51.88	
	50m:	25.65 25.65	150m:	1:23.73	29.56	250m:	2:24.01	30.11	350m:	3:23.40	29.27
	100m:	54.17 28.52	200m:	1:53.90	30.17	300m:	2:54.13	30.12	400m:	3:51.88	28.48
6.	Niels STEVENS		86	OWT Pontos						3:58.52	
	50m:	26.19 26.19	150m:	1:26.07	30.53	250m:	2:27.34	30.58	350m:	3:29.16	31.00
	100m:	55.54 29.35	200m:	1:56.76	30.69	300m:	2:58.16	30.82	400m:	3:58.52	29.36
7.	Arjen SCHRAM		87	Uzsc						4:43.47	
	50m:	24.96 24.96	150m:	1:29.77	34.75	250m:	2:48.22	39.96	350m:	4:08.03	39.46
	100m:	55.02 30.06	200m:	2:08.26	38.49	300m:	3:28.57	40.35	400m:	4:43.47	35.44
8.	Stijn POLUDNIAK		91	Nautilus						4:57.72	
	50m:	28.10 28.10	150m:	1:41.20	38.32	250m:	3:02.01	40.39	350m:	4:23.90	40.91
	100m:	1:02.88 34.78	200m:	2:21.62	40.42	300m:	3:42.99	40.98	400m:	4:57.72	33.82
9.	Alexander LEENDERS		90	OWT Pontos						5:15.63	
	50m:	33.36 33.36	150m:	1:51.78	40.02	250m:	3:16.53	42.66	350m:	4:40.06	40.70
	100m:	1:11.76 38.40	200m:	2:33.87	42.09	300m:	3:59.36	42.83	400m:	5:15.63	35.57

Programmanr. 8 Heren, 400m met vinnen 35 jaar en ouder
16-5-2009 Men, Surface 400m Resultaten

Punten: FINA 2004

Rang			Geb.							Tijd	Pnt
1.	Simon KIDD		59	Spitfires						4:01.99	
	50m:	27.22 27.22	150m:	1:27.82	31.08	250m:	2:32.46	32.52	350m:	3:35.48	31.10
	100m:	56.74 29.52	200m:	1:59.94	32.12	300m:	3:04.38	31.92	400m:	4:01.99	26.51
2.	Alaric SMITH		71	Five Oak Green Hoppers SC						4:10.48	
	50m:	25.02 25.02	150m:	1:23.32	31.16	250m:	2:31.54	34.25	350m:	3:39.43	34.13
	100m:	52.16 27.14	200m:	1:57.29	33.97	300m:	3:05.30	33.76	400m:	4:10.48	31.05
3.	Peter BLANKER		72	Orka '97 / DOV Botlek						4:41.78	
	50m:	29.38 29.38	150m:	1:36.63	35.05	250m:	2:50.98	37.89	350m:	4:07.50	37.21
	100m:	1:01.58 32.20	200m:	2:13.09	36.46	300m:	3:30.29	39.31	400m:	4:41.78	34.28
4.	Maarten VAN DOESELAR		65	Orka '97 / DOV Botlek						4:49.25	
	50m:	27.41 27.41	150m:	1:36.53	37.35	250m:	2:54.79	38.99	350m:	4:12.54	38.95
	100m:	59.18 31.77	200m:	2:15.80	39.27	300m:	3:33.59	38.80	400m:	4:49.25	36.71
5.	Dirk Arij DE JONG		60	Orka '97 / DOV Botlek						5:43.56	
	50m:	33.41 33.41	150m:	1:57.66	43.84	250m:	3:29.87	46.73	350m:	5:03.03	46.26
	100m:	1:13.82 40.41	200m:	2:43.14	45.48	300m:	4:16.77	46.90	400m:	5:43.56	40.53